Newsletter Ponsonby Articulate, energised achievers, ready for the future

Important Dates

4 December BOT Meeting

7 December Showcase – 1:20pm – 3:05pm

11 December Prize-giving – 1:30pm – 3:05pm

12 December Graduation Evening for Year 8 - 6pm – 9pm

13 December Year 7 students only – 12pm End of School

2019 Dates

22-25 January Uniform Sales in reception.

24-25 January Teacher Only Days

30 January School Starts 2019 – 8:35am

Principal's Message

Positively Ponsonby Week was exciting for both the staff and students, please ask your children about it. I know that focusing on student well-being needs to be a priority and I'm proud of the school's efforts in this area. If we can improve student well-being, academic success and engagement in learning will surely improve as well.

Thank you to Mrs Maitland-Smith and the Positively Ponsonby Reps for organising a very entertaining week. Check out the photos' later in this newsletter.

On Friday we held the annual skate comp, with 300 students cheering their mates on. The 20 contestants put on a great show. While it sounds like fun and games, the core curriculum continues with Poetry presentations taking place in English classes and creative Geometry lessons in Mathematics.

Please note that not every student can receive an award at Prizegiving, however every student should feel a sense of achievement as the Ponsonby Experience draws to a close for 2018.

This newsletter has all the important dates and times for the various end of year activities.

Happy Positively Ponsonby Week and thank you for the support this year,

Nick Wilson Principal

Important End of Year Dates

<u>Term 4 Showcase:</u> Friday 7 December at 1:30pm – 3:05pm

<u>Prize-giving:</u> Tuesday 11 December 1:30pm – 3:05pm

<u>Year 8 Graduation</u>: Wednesday 12 December 6pm – 9:00pm (Last day for Year 8 students)

Year 7 students finish at 12pm Thursday 13 December (Year 7's only at school)

End of year Reports:

Year 8 students will receive their End of Year School Report on Wednesday 12 December.

Year 7 students will receive their End of Year School Report on Thursday 13 December.

School Athletics Results

Ponsonby School Athletics was held on Friday 16 November at Mt Smart Stadium. The day ran smoothly - track and field events were efficiently organised by Mr Bennie and teachers and there was a great turnout of parent supporters. Students were well prepared for the events after having practiced for athletics during PE sessions. It was encouraging to hear our students all cheering for their friends and supporting house groups. Below are the results.

<u>Year 7 Girls</u>

Track	1ª Name	Time	Rm	2nd	Rm	3rd	Rm
1500m	Anna Worsley	6:13:53	6	Charli Dunn	11	Annie Xing	6
800m	Amelie Kelly	3:25:56	23	Neve Dobson	11	Renée Cunningham	30
400m	Neve Dobson	1:14:35	11	Azalea Parker	1	Renée Cunningham	30
200m	Neve Dobson	30:22	11	Renée Cunningham	30	Sienna Lindsay Bishop	22

100m	Neve Dobson		11	Renée Cunningham	30	Jasmine Lewis Amelie Kelly (4 [™])	3 23
Field		Length, Height					
High Jump	Anna Worsley	1.26m	6	Renée Cunningham	30	Sienna Lindsey Bishop	22
Long Jump	Sienna Lindsay Bishop	3.98m	22	Tess Bailey	20	Anna Worsley	6
Discus	Lara Hoey	17.72	21	Amelie Kelly	23	Renée Cunningham	30
Shotput	Willa Stephens	8.45m	17	Victoria Posesione	30	Shylah Lokeni	20

<u>Year 7 Boys</u>

Track	1 st Name	Time	Rm	2nd	Rm	3rd	Rm
1500m	Jack Erikson	5:20:00	17	Frank Todd	22	Tom Jordan	21
800m	Jack Erikson	3:01:88	17	Tom Jordan	21	Alex Crowe	1
400m	Jack Erikson	1:12:03	17	Eli Moreton	22	Charlie Kaye	11
200m	Benji Meyburg	28:07	6	Joshua Chyn	6	Oliver Jacobs Jack Erikson (4 ")	22 17
100m	Benji Meyburg	14:19	6	Oliver Jacobs	22	Joshua Chyn Tharan Naguleswaran(4 ["])	6 1
Field		Length, Height					
High Jump	Ike Ancell	1.29m	11	Eli Moreton	22	Isaac Chan	
Long Jump	Benji Meyburg	4.15m	6	Eli Moreton	22	Lucien Battle-McQueen	20
Discus	Joshua Kau	20.04m	17	Jack Erikson	17	Joel Blijlevens	21
Shotput	Joshua Kau	10.91m	17	Tharan Naguleswaran	1	Va'lante Ryan	22

<u>Year 8 Girls</u>

Track	1 st Name	Time	Rm	2nd	Rm	3rd	Rm
1500m	Elly Mae Lawson	5:39:28	18	Maia Bennett	13	Bella Houghton	15
800m	Amelie Fairclough	3:13:93	15	Bella Houghton	15	Seraphine Rive	25
400m	Amelie Fairclough	1:07:19	15	Maia Bennett	13	Maggie Meyers	12
200m	Amelie Fairclough	27:03	15	Elly Mae Lawson	18	Pallas Baker Eva Pointon (4 ⁺)	25 25
100m	Pallas Baker	13:50	25	Amelie Fairclough	15	Elly Mae Lawson Eva Pointon (4 th)	18 25
Field		Length, Height					
High Jump	Pallas Baker	1.40m	25	Eva Pointon	25	Sadie Wilson	28
Long Jump	Amelie Fairclough	4.45m	15	Sadie Wilson	28	Isabel McIlroy	16

Discus	Eva Pointon	19.3m	25	Maia Bennett	13	Imogen M-T 3 rd = Dasha Sychova 3 rd =	28 15
Shotput	Vetapilia Riki	9.90m	28	Maia Bennett	13	Dasha Sychova	15

Year 8 Boys

Track	1ª Name	Time	Rm	2nd	Rm	3rd	Rm
1500m	Samuel Plumbly	5:11:81	25	Liam Webby	25	Barney Salmon	8
800m	Liam Webby	3:03:22	25	Barney Salmon	8	Kairo Ah Kuoi-Simich	8
400m	Tobias Beaumont	1:06:18	28	8 Kairo Ah Kuoi-Simich		Samuel Morris	8
200m	Elliott Kitchener	26:94	16	Jaden L'Ami	15	Riley Harris Molloy	18
100m	Elliot Kitchener	13:31	16	Sam Plumbly	25	Jaden L'Ami Tobias Beaumont (4 ⁺)	15 28
Field		Length, Height					
High Jump	Jaden L'Ami	1.43m	15	Charlie Aubrey 2 [™] = Lewis Mazza-Carson 2 [™] =	13 28		
Long Jump	Elliot Kitchener	4.87m	16	Kairo Ah Kuoi-Simmich	8	Lewis Mazza-Carson	28
Discus	Sam Blamires	26.59m	12	Lewis Mazza-Carson	28	Jaden L'Ami	15
Shotput	Jaden L'Ami	9.38m	15	Sam Blamires	12	Kairo Ah Kuoi-Simmich	8

Relay Placings:

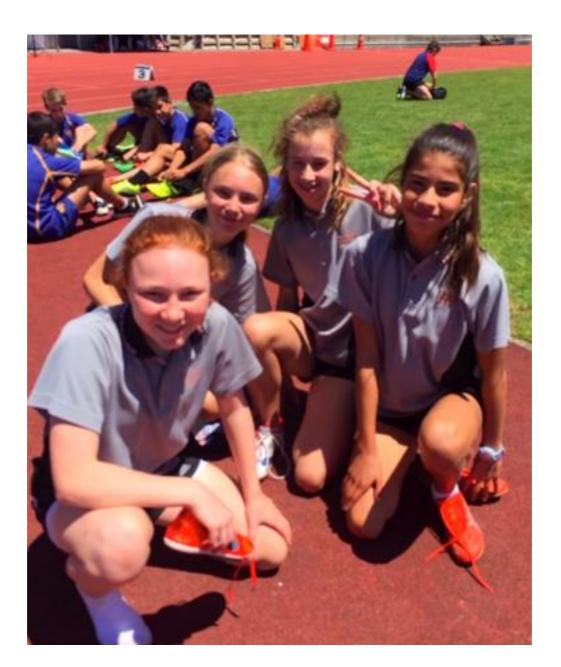
	Year 7		Year 8
1 st	Room 11	1 st	Room 25
2 nd	Room 3	2 nd	Room 16
3 rd	Room 6	3 rd	Room 15

Central Zone Athletics Results

Last Thursday 22 November, Ponsonby Intermediate took a team of 39 students to compete in the CZ Athletics at Mt Smart Stadium. Along with 16 other schools, it was an exciting day for our students who had qualified for track and field events. Whether they were running, jumping, or throwing, Ponsonby students competed to the best of their abilities. Thanks to the wonderful parents who supported our team in the stands too.

Results:

TRACK 1500m Y8 Boys 2nd Sam Plumbly, 1500m Y7 Boys 3rd Jack Erikson. 100m Y8 Boys 3rd Elliot Kitchener. 200m Y8 Girls Amelie Fairclough. 400m Y8 Girls 1st Amelie Fairclough. Year 8 Girls 4x100m Relay 1st Place Elly Mae Lawson, Eva Pointon, Pallas Baker, Amelie Fairclough. **FIELD** Year 8 Boys SP 3rd Jaden L'Ami. Year 8 Girls Discus 3rd Eva Pointon. Year 7 Girls HJ 3rd Anna Worsley. Good luck to these students competing at IZ Athletics on Thursday 29 November. "Stay sporty Ponsonby!"



CZ Year 8 Girls Relay Champions – Amelie Fairclough, Elly Mae Lawson, Eva Pointon and Pallas Baker





Positively Ponsonby Week

We had an epic week last week to celebrate Positively Ponsonby. There were activities for everyone to get involved during morning tea and lunch. Here are a few pics to sum up the week.

Every year we run a Skate Comp as a part of PP week. Simon Thorpe from the Young Gun Skate School judges this and awards winners and awards for effort.













PE Classes Orienteering and Rowing

Students in PE classes have been actively experiencing taster sessions of orienteering and rowing. **ORIENTEERING** - we have been fortunate to have had parent Mark Frater set up and map an orienteering course here within the school environment. Students have been learning to recognise map features, read and navigate courses to participate in a range of orienteering exercises. Classes split into teams running between controls, identifying markers and have had fun exploring this sport. **ROWING** - classes have been introduced to the MAGS rowing programme this week. Students were motivated working out on the erg machines learning basic rowing techniques. Participating in both individual and team rowing races, students have demonstrated a very competitive spirit and have clocked in some impressive times over 200m.





End of Year Prize-giving (Repeat Notice)

This special event will be taking place on **Tuesday 11th December** in the Ponsonby Intermediate Events Centre at 1:30pm.

There will be parking on the field and allocated seating for family and friends. Your child was notified on Friday 23rd November that they are receiving a prize. They will have already brought a letter home on that day with the necessary information. We encourage you to come along to celebrate your child's success with us.

Not all students with receive a prize, but we would remind all parents and caregivers that throughout the year we recognise and celebrate students' success during our weekly school assemblies and on other occasions.

Year 8 Graduation (Repeat Notice)

We will be celebrating the Year 8 students' two year "Ponsonby Experience" on **Wednesday 12th December** with a special Graduation Ceremony. A letter outlining this event was sent home on Friday 23rd November.

This letter provided specific information about the event and what your child will need to bring on the night. It is a formal evening so we encourage the Year 8 students to dress smartly.

The event **starts at 6.00pm** and there will be allocated seating for all parents and family members. However, please consider that the Ponsonby Intermediate Events Centre has a

limited amount of space so please limit the number of family members. There will also be parking on the field.

We look forward to seeing you there to celebrate the amazing two years your child has had at Ponsonby Intermediate.

Library

The Library is now closed for the year, for our annual stocktake. We have 82 overdue books, please return these books ASAP. Thank you. Mrs Marsick

Bits and Pieces

HARRISON & (MATTHEWS)

Myopia Management

Myopia (short-sightedness) is a common visual condition, that is getting more common. Myopia typically requires glasses or contact lenses to see clearly in the distance but it also puts the eye at greater risk of cataracts, glaucoma and retinal disease later in life.

There are now alternatives to stronger glasses at every eye test for your child or teenager. Slowing down the progression of Myopia supports the long-term health of your, or your child's, eyes.

What can you do?

By taking a proactive approach with Myopia Control or Management, rather than just simply correcting it with glasses, we can reduce the rate of progression, the development of high myopia and the risk of eye disease later in life.

What can we do?

At Harrison & Matthews Optometrists are able to discuss optical therapies and medication that help slow the development of myopia – setting your child up for better long-term eye health. There are various simple strategies to make clearer but also reduce myopia progression. These are supported by clinical practice and research and include eyedrops, contact lenses and special lens designs. Our optometrists, Cliff, Adele, Gina, Samantha & Joyce can discuss the options and provide an individualised advice.

Harrison & Matthews Optometrist 12 / 1 Jervois Road, Ponsonby P – 09-376 2565 E – <u>ponsonby@matthews.co.nz</u> <u>www.ponsonbyoptometrist.co.nz</u> It is now possible to slow short-sightedness (myopia)progression & eyesight deteriation in kids and teenagers

Find out more HARRISON & (MATTHEWS) OPTOMETRISTS

www.matthews.co.nz

Ponsonby Learning Pathway

Our Vision Articulate,

New Zealand Curriculum

energised achievers; ready for the future

At Ponsonby Intermediate we value:

Growth Through Learning

We are open to change, treating each challenge as an opportunity to learn. As life long learners we strive to be the best we can be.

Expressing Ourselves

We explore and share our thoughts, talents, feelings and beliefs because these make us who we are. We get the most out of life when we are true to ourselves.

Making Connections:

As a member of a class, a school and a community, we are part of a whole. We come together from many different cultures to learn from each other.

Showing **Respect for** other People

Ponsonby

Community

Because we have confidence in who we are, we are able to appreciate and let others be themselves. We care for, and support each other. inside and outside the classroom.

Personalising Our Path

Habits of Mind • Quality Learning Circle • Te Reo • Gifted and Talented • SMART Target Learning Journals • Positively Ponsonby • Inquiry Model • Specialist Teaching Ponsonby Passports Student Council Art/Culture Weeks Direct Vocab Information Landscape R.E.E.P. E.O.T.C. ESOL S.S.R. Options Camps B-Cool Reporting to Parents Professional Development Appraisal Tools for Learning • Planning • Overviews • Curriculum Reviews • Mentoring Keys to Success Critical Thinking Kori Habits of Mind SMART Targets



Mathematics

- Thinking
- **Using language**
- symbols and text
- **Managing Self**

Key Competencies

Humanities

 Thinking Relating to others Managing Self

English Thinking

Using language symbols and text **Managing Self**

The Arts

- Thinking
 - Managing Self Relating to Others

Technology

- Thinking
- **Relating to Others**
- Managing Self
 Participating and Contributing